

# Swimming Programme

by Harry Wright International

South China Athletic Association 06 July - 26 August

T: 25756279

E: [swimming@harrywright.com.hk](mailto:swimming@harrywright.com.hk)

W: [www.harrywright.com.hk](http://www.harrywright.com.hk)



## Improver & Fitness Squad

For children who can swim freestyle, backstroke and breaststroke for 50m continuously. The aim is to improve technique in all strokes, over longer distances. Other skills will also be introduced such as tumble turns, diving starts, and other water skills including some survival skills.

Course Name	Course Code	Tuesdays	Thursdays	Course Fee	
		6 July - 24 August	8 July - 26 August	Once per week 8 sessions	Twice per week 16 sessions
Improver & Fitness Squad	HW27	6:00-7:00	6:00-7:00	\$1200	\$2400

## Application Form 06 July - 26 August

- Children who apply for swimming with Harry Wright International MUST be members of the South China Athletic Association for insurance purposes. Anyone can join SCAA - it is a simple procedure and costs \$50 per child per annum. Please ensure your membership is current.
- If you have any questions regarding the schedule please contact Bev on 25756279 or email [swimming@harrywright.com.hk](mailto:swimming@harrywright.com.hk)

Child's Name: \_\_\_\_\_ D.O.B.: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Current School attending: \_\_\_\_\_ SCAA Membership Number: \_\_\_\_\_

Home Telephone: \_\_\_\_\_ Mobile Number: \_\_\_\_\_

Email: *(please print clearly)* \_\_\_\_\_

Does your child have any allergies, medical conditions or physical limitations that our teachers should be aware of? If so, please indicate: \_\_\_\_\_

Course Name	Code	Venue	Day(s)	Time	Course Fee
<b>Improver &amp; Fitness Squad</b>	<b>HW27</b>	<b>SCAA</b>	_____	<b>6-7pm</b>	_____

Complete and mail this application form along with your cheque made payable to 'Harry Wright International Ltd.' to: Harry Wright International, Flat B, 2/F, Amber Garden, 110 Blue Pool Road, Happy Valley, Hong Kong. Please write the student's name on the back of the cheque.

In enrolling my child in Harry Wright International Limited courses I agree that my child will abide by the rules and regulations set out by the company. I will not hold Harry Wright International Ltd. responsible for any injury to my child or damages or loss to my property as a result of participation in these courses.

Parent's Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_